# SCHOOL DISTRICT OF MYSTERY LAKE 

District Newsletter Issue 08 - June 2016


Success for All

## Welcome to the School District of Mystery Lake

## Trustee Talk <br> By Liz Lychuk

The 3 R's of Education are still a priority in public education but also recognized as keys to a child's success are the new 3 R's which promote the mental well-being of students. The new 3 R's include Resiliency, Respect and Relationship. Together with physical activity all of these fundamentals come together to synergize the evolution of public education. This March, the trustees of the School District heard a great deal about the importance of a balanced, whole child approach to education with a focus on nurturing our students' minds, hearts and bodies at the Manitoba Association of School Boards annual congress. With time to reflect on what is happening in our district, in relation to this evolution, there are countless examples of how all of these fundamentals are embedded in the education and programming provided throughout the School District of Mystery Lake. From the activities that include Day of Pink (AntiBullying Awareness Day), virtues programs in the schools, health fairs, Harry Potter Math Night, clubs, social justice groups, sports teams, science fair participation, land based education, participation at the annual HOPE Forum, cultural competency training and opportunities, physical activities( before and after school) and the list goes on. There are multiple opportunities for our students to engage in activities that promote academic success, mental well-being, physical well-being and all around well balanced people.
At this time, I would like to highlight several successes of our students and staff that we would like to acknowledge. We would like to congratulate Ryan Barker on winning the Premier Award for School Board Innovation at MSBA in March, Glenn Shatford for winning the Premier's Healthy Living Award, the Senior Girls Basketball team and their coaches Sarah Gillis, Courtney McKay and Manager Chris Victor for winning Provincials; the amazing number of students who placed in science fair and represented the district regionally, the successes of our sports teams and all of the students who will win scholarships, awards and bursaries this June at their respective promotion and graduation ceremonies.

I would like to thank the parents, guardians, teachers, family members, support staff, coaches, administration and everyone else that has a hand in the well-being and success of our students. On behalf of the School District of Mystery Lake Board of Trustees, I would like to extend to all of you wishes for a happy and safe summer.

## Early Literacy Intervention in Mystery Lake

## Summer Reading Loss

Summer reading loss refers to the decline in student's reading development that can occur during summer vacation when students are not participating regularly in literacy programs. The impact of summer reading loss on students can be significant. Research clearly shows that the key to fight summer reading loss is finding ways to get books into the hands of children during the summer break. Providing children with books that match their skill levels and their interests is important in encouraging voluntary reading. The list below provides a variety of literacy suggestions that may be helpful to parents when looking for ways to engage their children in reading and writing activities.

## Ways parents can support their children's reading and writing during the summer holidays:

1. Set a time each day for your child to do a reading or writing activity. Be a role model. Read and write at the same time as your child.
2. Read aloud daily to your younger children. Encourage the people you are visiting to read aloud to your children.
3. Encourage your child to read aloud to younger siblings, cousins, grandparents or neighbors.
4. When riding in a car or walking, read signs posted all around you.
5. Take along a notebook for your child to write in when you go on trips.
6. Visit the public library together regularly and encourage your children to take out books of interest to them.
7. Get a library card at the Thompson Public Library for yourself and your child. They're free. In addition to hard copies, you can download audio and e-books. For more information call the library (204-677-3717) or visit the website (http:// www.thompsonlibrary.com).
8. Encourage your child to take part in the summer reading programs and challenges offered at the Thompson Public Library.
9. Allow, within reason, your child to choose his/her own reading material. In addition to books, some children enjoy magazines and comic books.
10. If you have access to a computer with an Internet connection some sites are free to listen to stories.

Following are a few:
http://www.storylineonline.net/ This site has a good variety of picture books read aloud by different people. The text is shown and the narrators show the pictures.
http://www.robertmunsch.com/book/ This site has stories read by Robert Munsch. The text and pictures are not shown.
http://memfox.com/for-everyone-current-read-alouds/ Mem Fox reads books aloud at this site. The pictures can be viewed as she reads. The text is not shown.
11. Epic Books (https://www.getepic.com/) has thousands of high quality fiction and nonfiction books for children approximately 12 years and younger to read and listen to. This site costs $\$ 4.99$ monthly. The books can be read on the Web, iOS and Android devices.
12. Play word games such as Scrabble Junior, Boggle, ABC Bingo or Word Concentration.
13. Gather information together on topics of interest or places you will visit.
14. Encourage your child to imagine or share stories from pictures in magazines, newspapers or family photographs.
15. If your children like to write poetry and stories, they can enter them in contests to have their work published at http://stonesoup.com. This site publishes books and magazines, filled with children's writing and drawings.
16. Ask your child to write shopping lists, invitations, e-mails to relatives, as well as stories or poems about anything they want.

## Numeracy Support in Mystery Lake

Once again this year, we encouraged schools to celebrate Marvelous Math Month during the month of May. Suggested activities for parents and teachers were shared. Schools chose to celebrate in a variety of ways.


New for this year was a district wide Harry Potter Family Math evening held at the TRCC gym on Wednesday, May $18^{\text {th }}$. Thanks to all who came out and helped make this event a lot of fun.


## Mini-Winter Festival



Extreme sledding competition-Juniper School


Pictures provided by Juniper School


Weiner Roast —Juniper School

## Science Fair

Burntwood School



Wapanohk Community School


Juniper School


## BURNTWOOD ELEMENTARY SCHOOL

## Lunch Program

This year Burntwood School started a much-needed lunch program. We have 40 students who utilize the program. Students have the opportunity to
 eat lunch, play games and get some physical activity as well. Next year we would like to expand our program and accept more students.

## Burntwood Bobcats Student Council Report

Student Council strives to assist members in personal growth, strengthening their team building skills, encouraging a sense of belonging and taking pride in their school community. Members are always encouraged to take the lead in organizing and planning school, community and global initiatives. Our future leaders are continuously encouraged to participate in community initiatives geared towards promoting a better sense of healthy community and personal well-being.


Some of the initiatives student council has undertaken are school fundraisers such as school dances, bake sales, BBQs, candy grams, etc.


This year we were ecstatic to get a FUN FAIR up and running again. We opened up the event for families to come out and enjoy in the excitement. I admire their persistence in pushing for this event. They did it! Hats off to them all.

This year members attended the World Aids Day event hosted by the Safer Choices Northern Network (SCNN). A number of students also volunteered their time to help out at the Jamming for Jackets community fundraiser, organized by a local Hip Hop artist group "Poetry In Motion". Proceeds supported the Homeless Shelter. We are always making attempts to collaborate with community organizations to offer volunteer manpower. Some of the student council members had the opportunity to participate in the YOUTH Summit at the HOPE Forum in April. Students brainstormed and developed an action plan to reduce stigmas around mental health illness. I want to take a moment to say that we truly enjoy getting to know the students of Burntwood School and look forward to continuing to work with this wonderful group of students.

## BURNTWOOD ELEMENTARY SCHOOL continued

## Students Making a Change (SMAC)

This year we had our first social justice group formed at Burntwood School called SMAC (Students Making a Change). We had 18 students committed to making a change at our school, within our community, and globally. Together, the students decided that they would like to support the Salvation Army as it was at risk of closing last fall, and globally their focus was reduction and awareness of child labor with our financial efforts supporting Nicaragua. We kicked off our year with WE Scare Hunger. On Hal-
 loween instead of asking for candy, the SMAC students went door to door collecting nonperishable food items or loose change for the Salvation Army. This campaign was a huge success thanks to the support of the community. The SMAC students were awarded 22 seats at WE Day in Winnipeg where the kids got to hear inspirational speakers like Henry Winkler. This was such an awesome event and the students came back pumped with new energy and ideas to make change. A huge shout out goes out to the RCMP for helping us make this trip possible. Before Christmas SMAC sold Rafiki bracelets and made and handed out free hot chocolate in our community. SMAC also put together bags for the homeless shelter that had a toothbrush, shampoo, soap, socks, mittens and a hat, a bag of cookies and toothpaste. At Easter time SMAC did another food drive for the Salvation Army that brought in over 1000 items. The students have had a very busy and successful first year!!! They have raised \$967.00 for education in Nicaragua and I am so proud of all they have done!!!! We are looking forward to another year of "giving" next year.

## Burntwood's Green Thumbs

After Christmas our eager junior gardeners began the process of preparing for our summer garden. The first step was to create a massive mural that showed what our future garden would look like. Once the mural was finished, it was hung up for display. Next, our students began planting tomato and
 pepper seeds. Over the next few months, the students learned about transplanting and how to tenderly care for the fragile tomato plants. By the end of April our basement greenhouse was overflowing with tomato and pepper plants. With spring upon us, our Burntwood gardeners have begun the process of getting the outdoor garden ready. This year we will have raised garden boxes in half of the garden. Students throughout the school are participating in this project by decorating these boxes before they go into the garden. The raised boxes will help create a more welcoming garden by providing spaces for the children to walk without fear of destroying the growing plants. Our third annual flower planting day will happen in June. It is great to see the students get excited about learning about where our food comes from and how it is grown. Our school garden is entering its third year, and we are very excited to see it expand and prosper. We look forward to many more years of bountiful harvest and exuberant student participation.

## DEERWOOD ELEMENTARY SCHOOL

We are getting a facelift! Starting in May, crews moved in to make some light touch ups to the outside of our building. The outer walls of much of the building and gymnasium roof are being replaced. Mrs. Rempel is still holding her breath for that bay window she has always dreamed of.


## Staff vs Students Hockey Game

The rivalry continues! On April $8^{\text {th }}$ hockey players in Grades 5-8 took on our aging staff. It was a hard fought battle but the students came out on top. This ties the "series" up at 1-1. Staff have already started training for next year and look forward to avenging this year's loss.


## Thompson Festival of the Arts

We are really proud of all of our students who participated in the Thompson Festival of the Arts. Pictured here are two participants who were honored for their performances.


## continued

## Spaghetti Bridge



## Butterflies

A number of our primary classes took part in The Butterfly Project. In May, little larvae were given to the students and housed in their classrooms. Over the period of about a month students watched as those larvae then form pupa in a process called chrysalis. Eventually those pupa turn into butterflies at which point the class takes them outside to be released for everyone to enjoy. A great learning experience about the life cycle for those students.

Ms. Mill's Gr. 3 class participated in the Thompson Spaghetti Bridge competition in May. The young engineers designed and crafted bridges made out of only spaghetti and glue. The bridges were then tested to see how much force they could withstand. It was a really cool morning with students showing of their creations and sharing the "why's" and "how's" of their designs.


## Walking School Bus

On Tuesday and Thursday mornings in the spring, Deerwood students start their engines by tying their laces and meeting the Walking School Bus. Students gather in two different areas around the Deerwood area and walk to school together. It is a great way to get a little bit of exercise to prepare the brain to learn once students arrive at school. It is also a great way to get a little bit of socializing in so it doesn't have to happen in the classroom. Big thanks to all the teachers who make the event happen.


## JUNIPER ELEMENTARY SCHOOL

## Educating for Sustainable Development

In 2015, Juniper staff and students completed over fifty ESD projects. In 2016, we continue this effort and our "Green Action Team" is once again a big part of the endeavor. They have been very busy with their weekly composting, collecting 30 kilograms of future soil per week; recycling - which our IDEAL students and staff look after, and with their $2^{\text {nd }}$ annual school wide garbage audit. In addition, they have started a few new initiatives such as the planting of raspberry bushes and tomato plants. This is for yard beautification, healthy eating and the tomato plants will be given out to 30 Juniper families as a part of our "Adopt-a-Plant" program. Juniper School has also participated in the Canada wide "Lights Out" program to encourage the saving of electrical energy and we are currently participating in the "Bike, Walk or Scooter" to school event to encourage physical activity as opposed to motorized transportation.


## Virtue Groups

Our once a month virtue group gatherings continue to be informing and educational. May being "Math Month" in the division gave us an opportunity to do math on our virtue get together day. Each of our 23 group leaders came up with interactive math activities that the student groups rotated through over the course of one hour. The students had fun moving throughout the school while learning along the way.


## JUNIPER ELEMENTARY SCHOOL continued

## Arts Programming

Juniper School performs two musicals every year. This year the grade 4-6's performed Disney's "The Lion King" and had to work very hard to learn songs in a few different African dialects, this included Swahili and Zulu. We had a few dedicated students who came after school to practise and learn their lines, and they did an awesome job portraying the different characters in the show. The student chorus performed well with their twopart harmonies. The grade 1-3's are soon to perform the "The Cheese Stands Alone", which is a story about
 the farmer in the dell. The cheese is being bullied by the other members of the farm and they keep leaving him alone! The other cheeses of the world soon arrive to help him make friends with the rat. Grade 2 and 3 volunteers made up the cast and the other performers did an excellent job singing the songs and performing the actions.


Our "ARTS" program continues to play a major role in the identity of Juniper School - Home of the Jaguars! Throughout the year we have run a weekly art club, knitting club, afterschool music rehearsals, and recently had many entries put forward for the Festival of Arts. In fact, we had 26 individual entries along with 23 class entries. This resulted in several quality placements in the Visual, Speech and Vocal categories. Congratulations Juniper on another well performed year.

## ÉCOLE RIVERSIDE SCHOOL

## From the Principal's Desk <br> By Jonathan Wamboldt

Wow where did this year go? Another fantastic year for the Rams! First I would like to say thank-you to all the students, parents/guardians, and staff for making Riverside the best place to be. The parents/guardians support does not go unnoticed on how much you support your children and our school. With everyone's help we are very successful in academics and curricular activities.

Some highlights of our year include finishing second in the Knights of Columbus track meet only 25 points behind the winner. Watch out Westwood next year! A student went to the national science fair and we had numerous winnings from the Festival of the Arts show case to name a few successes throughout the year. Well done Riverside you are all amazing. When one reflects on the year we can all think of some accomplishments we have made and how we made a difference at École Riverside. As basketball coach Steve Alford stated, "We try to stress the little things because little things lead to big things", because of all the little things the family at École Riverside School has done we are like a bright star.

Our Riverside community came together to help another Northern community in trouble by raising $\$ 3140.00$ through two bake sales. Who knew how successful we could be when we all work together! Working at Riverside makes me proud! Throughout the summer there will be many changes happening to our building, our gym will have an expansion and our grade 5 to 8 wing will have windows and be insulated with new brick exterior. Have a fun and restful summer and see everyone in the fall. Remember to "Ram on" and go RAMS!


Bake Sale for Fort McMurray

## French Message

By James McDonald

La joie de vivre a repris sa vigueur à notre école pendant une semaine au mois de mars avec notre Mini Festival d'hiver. C'était un vrai régal pour nous tous! En voici la recette : un petit déjeuner aux crêpes et au jus pour chaque élève, des chansons, la fabrication de mini tuques, une journée d'activités à l'extérieur, des ateliers avec des invitées autochtones, le concours des barbus, des hot dogs venant directement du feu, un peu de tout, quoi. Les élèves se sont vraiment régalés de toutes ces activités et ont très hâte de participer au prochain Festival.

Et parlant de festival, nous allons reprendre la route vers SaintBoniface pour le Festival du Voyageur au mois de février prochain. Les élèves en 7 e et 8 e année vont profiter de trois jours de culture française et autochtone, des visites, des spectacles , des ateliers, des sculptures, et bien d'autres activités. Cette expérience très unique se prête très bien aussi à l'usage du français par nos élèves en immersion dans un tout autre contexte. Commencez donc les élèves à épargner vos sous. Hé ho Voyageurs!


## ÉCOLE RIVERSIDE SCHOOL

## Virtues

École Riverside is proud to be a virtues school. Within this program we teach and foster character education. Our program consists of: monthly multi-age groupings for activities, assemblies with slideshow presentations, character awards and bulletin boards to display virtues art. This year we have further developed our program to include encouraging our grade 7 and 8 virtue leaders to collaboratively lead the group with their teacher. In the month of December our virtue was joyfulness. We decided to focus on the "Joy of Giving" and participated in the Jammin for Jackets clothing drive. This holiday season our Ram hearts grew three sizes and the generosity of our school community was overwhelming. Two van-loads of warm winter clothing were donated to those in need!

## Festival of the Arts Fun

Riverside had another fantastic year participating in the Festival of the Arts! Students displayed their talents in a wide range of disciplines this year including individual and classroom visual arts entries, speech arts, classroom choirs, school choirs, piano and instrumental solos, vocal solos, dance entries, and Orff ensemble entries. The Grade 1-3 Choir was invited to perform their song 'Do-Re-Mi' in the Highlights Concert on June $1^{\text {st }}$, as well as our Grade $1 \& 1 / 2$ French choir for 'Frère Jacques' - both performances received awards that will be displayed in our main hallway below the music room! Our Grade $1 / 2$ class also received an award for their speech arts entry 'Baloney' - great job! Special congratulations to our Grade 2 French class for receiving two visual arts awards for their incredible 'Robots!' entry, and to our Grade 1/2 class for receiving a visual arts award for their 3D art 'J'aime la pluie!' A big thank you goes out to Mme Almeida for all of her hard work this year, as well as Monsieur Brisson, Mme Hayes and Mme Schaus for their contributions to another successful Festival of the Arts for École Riverside School!

## Food Drive

In October, Riverside School did a food drive to replenish the shelves at the Salvation Army. This was a collective effort and all classes participated. In total, we collected 1,348lb of nonperishable food items in a week. The grade 8 class brought the food to the Salvation Army using carts from Giant Tiger. They also helped sort and organize the food at the Salvation Army.


Walking the food to the Salvation Army

## Mummification

After studying mummification in Ancient Egypt, Grade 8 students have mummified tomatoes! We used the same techniques used by the Egyptians thousands of years ago. We used water, vinegar, salt and oil to kill bacteria, dehydrate and moisturize the tomatoes. We will open our sarcophagus in June to see if our mummification was successful.

## Why French Immersion? <br> Pourquoi l'Immersion française?

- Speaking French opens up so many more opportunities in life.

Parler français ouvre advantage les portes sur le monde.

- French Immersion students become excellent communicators and learning another language increases achievement in reading, language skills, and mathematics. French is spoken around the world and makes travel abroad much more exciting.

Le français est la langue officielle ou seconde dans plusieurs pays du monde, alors les voyages deviennent encore plus intéressants

MYTH: A parent needs to already know some French for their child to enter French Immersion.
FACT: We don't expect children to know any French before arriving to our Kindergarten French Immersion Programs.

MYTH: "We don't know French so we won't be able to help our child with his/her work."
FACT: $\quad 90 \%$ of parents who have their children in French Immersion do not speak or write French.

Consider French Immersion for your child at École Riverside School. Entry points are Kindergarten at any time and Grade 1 by December. Call École Riverside School at 204-677-6115 or visit their website at rss@mysterynet.mb.ca

## FULL DAY FRENCH IMMERSION KINDERGARTEN

École Riverside School Offers a large Lunch Program for their students.


## WAPANOHK COMMUNITY SCHOOL

## Sports Corner

## GIRL'S BASKETBALL

The girl's basketball team had an intense season with games every Monday and Wednesday and practices every Tuesday and Friday! Wapanohk Community School is proud of these girls for their hard work and dedication. The girls are sad the season is over and are looking forward to next year!

## BOY'S BASKETBALL GRADES 6,7 \& 8

Congratulations to the boy's basketball team on a successful year. Thank you to the grade sixes who came out and were a big part of the team. Every player had a chance to play every game.

The boys won six games and lost two in the regular season. They had two wins and one loss in the playoffs. They advanced to the championship game and lost 26-21 to Burntwood School. The boys earned second place and received a banner for the school.

Thank-you all the players on the team. It was great to see the progress from the start of the year to the end. As coaches we enjoyed it very much and took great pride in coaching the Wapanohk Wolves. Who are we?
wolves!


## Pink Day-Fever in February

We had a fantastic pink day! Constable Cleveland spoke to the students about bullying. The students answered question about bullying and learned that everyone has had an experience of being bullied and being the bully. However, we need to be more aware of how we affect others. We all need to be aware and help each other when bullying happens and not be a bystander. To end the day we all walked with our pink t-shirts to the wolf painting. It was a bit chilly, but the wolves were prepared for it.

## WAPANOHK COMMUNITY SCHOOL

## Coffee/Tea and Biscuit Fridays

Pop in to say hi and grab a cup of tea or coffee and a fresh biscuit every Friday morning between 11:45 and 12:00 at Wapanohk School. It's an opportunity to meet others parents and visit a few staff members before you pick up your child. There may also be some pictures of your child at work and play from the week of school. Looking forward to chatting with you. Ekosi

Informal coffee and chat is also hosted by classes and includes traditional activities. This spring Mrs. Dumas' class and Mrs. Moose's class beaded with their parents, sang songs, and ate lots of goodies that the students made. Mrs. Dupas' and Ms. McKay's students did beading with their parents. The parents enjoyed it so much they asked to have it again.

## Trips to Nelson House Nisichawayasihk

The grade 8's ventured out to Nelson House territory to see how snowshoes are made. However, they learned a variety of skill that all had to do with mathematic calculations. Some learned how to make small canoes, dream catchers, ice fishing rods, snow-shoes, and toboggans. All the wood used was from the surrounding area. These cultural activities would be very common years ago, but now many of our students did not know how to make these items. They also had a chance to pluck geese which were shot the night before. The students ate duck soup for lunch and later hot dogs. They also went searching for old man's beard to help start a fire. The students were given a tour of the high school.

The grade 4's went to Nelson House the next day for ice fishing. However, the ice was not safe so the students took a walk, made dream catchers, and visited the workshops behind the school. They also visited the elementary school. We will try again next year in March for ice fishing with a jigger and net.


## WESTWOOD ELEMENTARY SCHOOL

## Grade 4/5 M and 50 Winter Trip to Paint Lake

It was a clear and crisp winter day on March $23^{\text {rd }}, 2016$. The McCartneys and Osbergs were so excited because they were going on a fun filled field trip to Paint Lake! The beautiful weather and the anticipation were almost too much to bear.

Everyone gathered outside for a discussion on winter safety and survival. We learned how important it is to have the proper clothing, emergency supplies and a plan before travelling in the winter. One of the strategies we learned about was building quinzees. It is a shelter to use if you are stranded. It is important that the structure be solid and secure we learned because if a hole is punched into the side of it then the whole quinzee will come crashing down, especially if there are a ton of children on top! It was sooooo much fun. Kids were laughing and screaming and trying to dig their way out.
We also had some free time to enjoy the outdoors and be active. Students could go skating, play hockey or go sliding. For those that went skating; they had races or taught each other how do different techniques and tricks. It was fun and scary at the same time. The real talent was on the sliding hill though. Students were so eager to attack that humongous hill and show off their sledding talents. Students were racing and trying different tricks as well. It was so much fun! Some crazy students ended up in snow banks, in the trees or riding other people down the hill!

## Sports Corner

Ski Trip - Again this year both of our grade 7 and 8 class participated in one day of skiing at Mystery Mountain. Both groups had lovely weather and enjoyed themselves. Thank you to our chaperones who joined us for the day of skiing.

Intramurals- We have continued to offer intramurals to our students in grades 3-6. With the warmer weather we are starting to do activities outside.

Badminton - The junior high's have began practicing for the badminton tournament. Good luck to all individuals and teams who will participate in the tournament.

Baseball - Thank you to Mrs. Grant, Mrs. Yuskow, and Mr. Elmore for coaching our boys and girls baseball teams this season. Best of luck to everyone in the upcoming district tournament.

## Cookies for Cancer

Again this year Mrs. Lowe and Mrs. Hyndman made and sold fancy cookies to raise money for Relay for Life. This year we raised $\$ 459$. Good Job everyone!

## WESTWOOD ELEMENTARY SCHOOL continued

## Congratulations Kendra Martinussen!!

"Grade 8 student, Kendra Martinussen, successfully auditioned for the Manitoba Provincial Junior Honour Band. She will be travelling to Winnipeg from May 5th-7th to play with some of Manitoba's finest young musicians. Kendra was one of two Thompson students selected to participate in this ensemble. As well, Kendra was the only bass clarinetist selected in the province for the Junior band.

Kendra prepared two pieces along with various scales then sent in an anonymous recording to the Manitoba Band Association. Kendra put in numerous hours of practice to send in a well-prepared audition.

Kendra and the rest of the ensemble will have three rehearsals together before they perform a final concert at North Kildonan Mennonite Brethren Church. Kendra is incredibly excited to be part of this prestigious musical experience and is very proud of her accomplishments.

## Knights of Columbus

Students from grades 3-8 competed in the annual Knights of Columbus Track and Field Meet. Westwood once again found themselves on top of the leaderboard to become the victors for the 13th year in a row. However, that is not all; Westwood showed great participation in the IDEAL site race with 3 participants! Great job Esha, Corbin and Madison! Finally, Viker, Westwoods mascot beat the pants off his fellow competitors in the 50 m Mascot Dash!

Everyone who competed had been training hard throughout March and April. On behalf of all staff at Westwood, CONGRATULATIONS to all of the competitors, win or lose you worked hard to get to the event and you should be proud of your accomplishments.

Thanks again to all the coaches and helpers for putting in your time, without your help there would not be any teams to participate. Also, we are very grateful to all the students, teachers, and parents that watched the events and cheered for all schools, and also left our area nice and clean.

Way to go Westwood!!

Ms. Bettess and Ms. Randell celebrated Global School Play day on Wednesday, February 3, 2016 by doing various play-based activities with their combined classes. The students had a lot of fun.

## R.D. PARKER COLLEGIATE

## Educating for Action Project

Congratulations to Educating for Action on winning the Premier Award for School Board Innovation. The Award was won at the Manitoba School Boards Association's annual Celebration of Success on Thursday, March 17th, 2016.

The Education for Action Project involves 35 students from Juniper School who started Grade 9 at R.D. Parker. With
 support from the Aboriginal Education Directorate and with a focus on equity, academic engagement, career planning, and cultural proficiency, the students are becoming more active participants in their learning.

To date, 35 students that vary in abilities and needs have been monitored and maintained. Now in the third year of the project, we can report after the second full year that the students have shown an improvement in school attendance, going from a $12.3 \%$ absent rate to only $8.6 \%$. There was also academic gains with over $75 \%$ of the students meeting or exceeding expectations in all four core subject areas (math, ELA, science and social studies).

## Student Success - Pathways Program

By Karen Merkley and Amy Ricketts-Slack
Upon successfully obtaining a grant from the "Breakfast for Learners Program," a breakfast program was initiated into the Lifeskills course, teaching students a healthy way to start their day. The grant has provided an opportunity to build a sense of community with students in the program and their families.
The grant has enabled students in the Pathways program to prepare a simple, healthy breakfast for themselves each morning. The breakfast program has also assisted in the development of cooking skills, kitchen awareness, group and community interactions including feasts, and family breakfasts
 for special occasions.


Students did the decorating and the cooking at the first of our Family Breakfasts.

## R.D. PARKER COLLEGIATE

## Social Studies

A new Social Studies cabinet display was recently installed in our upstairs hallway. This past year the Social Studies department has bought and collected several wonderful artifacts to display and show students in our history classes. These artifacts include trench art, a WW1 medical officer's jacket, a medical kit from WW1, a gas mask, and a trench shovel just to name a few.


## English Language Arts

By Susan Horvath
The English Language Arts, Library and Drama Department celebrated William Shakespeare's $452^{\text {nd }}$ birthday with the staff and students of RD Parker Collegiate. Shakespeare and his literary and dramatic works were honoured with a hallway gallery of inspiring quotes, trivia, a library display, and cupcakes! To further enhance the celebratory atmosphere of the week, many of our students posed with Shakespeare and 'tweeted' their photos out at \#rdpcpride. We love when our students get involved!

Age, I do abhor thee, youth, I do adore thee. (William Shakespeare)
William Shakespeare, 'The Bard of Avon' was born on April 23 ${ }^{\text {rd }}, 1564$. Our department thanks him for writing so many fabulous plays for us to share with our students. Romeo and Juliet, Macbeth, Twelfth Night, Hamlet and A Midsummer Night's Dream are just a few of our favourites.


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## R.D. PARKER COLLEGIATE continued

## Mathematics

By Coral Thompson

## Intro to Statistics

This year the Math department was approved to run a new course, Introduction to Statistics. The majority of students end up taking a statistics course in their post-secondary education. This course allows our grade 12 students the chance to ease the transition by seeing some of the topics and help gain an understanding of some of the material they will see in university. Mr. Ellis has been doing an amazing job with this class and we hope to see it become a course that runs every year.

Pi Day
We had 8 teams of students participate in this year's Pi Day Scavenger Hunt. The winning team (seen below) was the QT Pi's, Kaitlyn Van De Kerckhove, Megan Luky, Taylor Reid-Allen, Brieanne Bruneau, Alyssa St. Jacques, and Brianna Horton.


## Board Office Summer Hours

Summer hours begin on Monday, July 4 and end on Friday, August 26, 2016

The Board Office will be closed on Fridays during this time, and the front doors will be locked during the day (from Monday to Thursday) - please ring bell for service.

There will be no front desk coverage, but we will be checking phone messages daily. School Board office hours during the summer will be from 7:15 am until 4:30 pm.

## Support \& Information Day Phone Lines

## Thompson Based

| Thompson General Hospital | $204-677-2381$ |
| :--- | :--- |
| Northern Health Region, Adult, |  |
| Child \& Adolescent Community Mental Health | $204-677-5350$ |
| AFM Northern Region Reception | $204-677-7300$ |
| CMHA Thompson | $204-677-6050$ |
| Mood Disorders Association of Manitoba | $204-677-2324$ |

## Provincial

| MB Farm, Rural and Northern Support Line | $1-866-367-3276$ |
| :--- | :--- |
| AFM Toll Free Line | $1-866-291-7774$ |
| Anxiety Disorders Association of MB | $1-800-805-8885$ |

## 24 Hour Crisis Phone Lines

| MB Suicide Line | $1-877-435-7170$ |
| :--- | ---: |
| Kids Help Phone | $1-800-668-6868$ |
| Crisis/Sexual Assault 24 hour line | $1-888-292-7565$ |
| Domestic Violence Line | $1-877-977-0007$ |
| Klinic Community Health Center | $1-888-322-3019$ |
| Gambling Hotline | $1-800-463-1554$ |
| RCMP (Thompson) | $204-677-6911$ |

## 2016/2017 School Year-Important Dates

September 7, 2016-First day of school
September 14, 2016—District Professional Development—No school

October 10, 2016—Thanksgiving Day
October 20 \& 21, 2016-SAGE—No school

November 11, 2016-Remembrance Day
November 16, 2016-Student Led Conferences—No school

December 9, 2016—District Professional Development Day—No school
December 22, 2016—Early dismissal at 2:30
December 23, 2016—Winter Break starts
January 9, 2017—First day back to school

February 8, 2017—District Professional Development—No school
February 20, 2017—Louis Riel Day

March 27-31, 2017—Spring Break
March 24, 2017—Elementary report cards go home and are available online

April 4, 2017-First day back
April 14, 2017—Good Friday

May 12, 2017—District Professional Development—No school
May 22, 2017-Victoria Day

June 28, 2017— R.D. Parker Graduation
June 30, 2017-Elementary report cards go home are available online
June 30, 2017—Last day of school-early dismissal at 2:30

## Thompson, Nelson House, and Wabowden Students Learn to Save Lives


#### Abstract

The Advanced Coronary Treatment (ACT) Foundation in partnership with Vale officially launched the ACT High School CPR and Defibrillator Training Program in R.D. Parker Collegiate, Nisichawayasihk Neyo Ohtinwak Collegiate (NNOC), and Mel Johnson School. More than 330 students in Thompson, Nelson House, and Wabowden will graduate with the skills and knowledge to save lives every year.


The ACT Foundation is the charitable organization that is establishing free CPR and defibrillator training programs in high schools across Canada. The Foundation promotes awareness and education on the prevention of emergencies, health and safety, and community response. ACT is working in partnership with lead community partner, Vale, and health partners AstraZeneca Canada, Pfizer Canada, and Sanofi Canada to bring this program to Thompson and area.

Funding will see secondary schools receive training equipment to enable teachers to train students, including Automated External Defibrillator (AED) training units, CPR and AED training mannequins, and program set-up that will see all students graduate with the skills and knowledge to save lives. Secondary schools will also receive, as needed, a defibrillator for on-site cardiac arrest emergencies.

The most important work that we do every day is to apply the distinctive actions of SafeProductionplan, accept, care and lead-in order to manage risk to as low as reasonable achievable. We utilize controls and tools to achieve our goal of zero harm, but if something were to occur, we rely on our training. The ACT Foundation also provides the tools and training necessary to manage risk and save lives, which is why Vale is proud to support this vital initiative," says Mark Scott, Vice President, Manitoba Operations, Vale.


## THE ACT FOUNDATION

## Early CPR and Early Defibrillation save lives

About 40,000 Canadians suffer cardiac arrest each year. This represents 1 cardiac arrest every 12 minutes, every day of the year. It can happen to anyone, anywhere, at any age.

There is also a strong sports connection, with sudden cardiac arrest being the number 1 cause of death in youth and teen athletes while participating in sports.

Early recognition of a cardiac emergency, early access to medical help (calling 9-1-1), early citizen CPR, and early defibrillation are critical to saving lives. The High School CPR and Defibrillator Program empowers youth with these lifesaving skills so they know how to react in an emergency.


## What students will learn in the ACT High School CPR and AED Program

Through the ACT High School CPR Program, all students learn the 4 Rs of CPR:

- RISK factors for cardiovascular disease and the importance of adopting a heart healthy lifestyle;
- How to RECOGNIZE a developing medical emergency;
- How to REACT, by calling 9-1-1 quickly and how to help while waiting for the ambulance to arrive;
- How to RESUSCITATE, or perform CPR.
"Knowing that you have the ability to save someone else's life is a very powerful thing," shares a student trained through the ACT High School CPR and Defibrillator program.


## THE ACT FOUNDATION

## About the ACT Foundation

The ACT Foundation is the national charitable organization that is establishing the CPR and AED program in Canadian high schools. The program is built on ACT's award-winning community-based model of partnerships and support, whereby ACT finds local partners who donate the mannequins and AED training units that schools need to set up the program. Secondary school teachers then teach CPR and how to use a defibrillator to their students as a regular part of the curriculum, reaching all youth prior to graduation. ACT's national health partners who are committed to bringing the program across Canada are AstraZeneca Canada, Pfizer Canada, and Sanofi Canada. Many rescues have already occurred thanks to the high school program as highlighted in the powerful 3-minute video (see link: http://youtu.be/IWTSXcx2lpI).


# Vision and Mission Statement of the School District 

The Board of Trustees of the School District of Mystery Lake declares its Vision as:
"Success for All"

In the spirit of this vision, the following Mission Statement has been adopted:


#### Abstract

"The mission of the School District of Mystery Lake is to maximize each student's learning potential and to produce life long learners with a sense of self-worth and social responsibility by providing, in cooperation with the community, a diversity of educational experiences in a learning environment that recognizes the uniqueness of the individual."


## Reduced-Speed School Zones <br> School Zone By-law no. 1882-2012

1. What is a reduced-speed school Zone?

A reduced-speed school zone is established by a municipality or other local government under by-laws that set out roadways around a school which have a lower maximum speed than the regular posted maximum speed.
2. What authorizes local governments to reduce speeds in school zones?

In September 2013 Highway Traffic Act amendments came into force that allow local governments to make by-laws to reduce the maximum speed in school zones, provided certain conditions set out in the Reduced-Speed School Zones Regulation are followed.
3. How do local governments establish reduced-speed school zones?

Local governments must pass by-laws that identify the portions of roadways with the speed reduction and the school associated with it. The by-laws must also include the reduced maximum speed(s) and when the speed reduction is in effect.
4. Which schools may have reduced-speed zones?

The roadways around any public or private school within the K-12 grade range may be established as a reduced-speed school zone. Local governments decide which schools should have reducedspeed school zones.

## Reduced-Speed School Zones School Zone By-law no. 1882-2012

5. What is the maximum speed in a reduced school zone?

Local governments may reduce the maximum speed in a school zone to no less than $30 \mathrm{~km} / \mathrm{hour}$ on roadways where the maximum posted speed is less than $80 \mathrm{~km} /$ hour and to no less than $50 \mathrm{~km} /$ hour on roadways where the maximum posted speed limit is $80 \mathrm{~km} /$ hour or more.
6. When are the reduced speeds in effect?

Local governments determine when speed reductions are in effect. Reduced speeds may be effective at all times, or only during certain hours, days or months. If a speed reduction is not in effect at all times, then signs are required to let drivers know when to slow down.
7. How are reduced-speed school zones identified to drivers?

The Reduced-Speed School Zones Regulation prescribes specific signs that must be erected at the approach of a reduced-speed school zone, at the beginning and end of the zone, and at each intersecting roadway. If the speed reduction is not in effect at all times, then signs are required to let drivers know when to slow down. A sign stating the by-law number authorizing the speed reduction is also required.
8. Who enforces the speed limit in a reduced-speed school zone?

In the City of Thompson, the RCMP are responsible for speed enforcement. A driver caught speed- ing in a reduced-speed school zone would receive the same type of ticket that is issued for speeding elsewhere under the Highway Traffic Act.
9. Is speeding in a reduced-speed school zone a by-law offence?

No, speeding in a reduced-speed school zone is a speed offence under the Highway Traffic Act. Is it not a by-law offence.
10. What are the fines for speeding in a reduced-speed school zone?

The fines for speeding in a reduced-speed school zone are the same as other speeding offence. Only fines for speeding in a construction zone are higher.
11. Which roadways may be included in a reduced-speed school zone? Speeds may only be reduced on roadways that are adjoining the school property. A reducedspeed school zone must be within 150 metres from the boundaries of the school property.
12. Is school playgrounds part of a school zone?

Reduced-speed school zones may include school yards or school recreational facilities. These are considered part of the school property.

This information provided by Manitoba Infrastructure.


[^0]:    Back Row: Ms. Lindsay, Ms. Plummer, Mrs. Smith (sharing her favourite quote), and Mrs. Horvath Middle Row: Mrs. Halcrow
    Front Row: Mr. Barker, Mr. Thorbourne, Mrs. Foley

