



Skating: Curricular and Extra Curricular – Use of Helmets

Administrative Procedure 8.120

Board Governance Policy Cross Reference: 1, 2, 3, 4, 12, 13, 16, 17

Legal Reference:

Date Adopted: June, 2012

Date Amended: October, 2012

The use of helmets has been common practice for Minor Hockey for decades. Since accidents are a foreseeable occurrence, the following guidelines are provided.

Regulation

1. That the guidelines be adhered to by supervisors of student skating activities.

SAFETY GUIDELINES FOR PHYSICAL ACTIVITY IN SCHOOL DISTRICT OF MYSTERY LAKE

ICE SKATING

Equipment	Clothing/Footwear	Facilities	Special Rules/Instructions	Supervision
<p>A first aid kit and phone must be accessible</p>	<p>Teachers must communicate to the students and parents/guardians:</p> <ul style="list-style-type: none"> a) wearing a parent approved helmet is compulsory. b) wearing properly fitted skates c) wearing gloves or mitts d) transporting skates safely e) wearing long sleeves f) knowing whether the activity is indoors or outdoors <p>Outdoors – Note: Students must bring suitable protection against cold and sun.</p> <p>Jewelry representing a safety concern must be removed. Eyewear may need to be removed or secured.</p>	<p>Before skating on outdoor ponds, the ice safety must be determined with absolute certainty (contact local authorities for information)</p> <p>The ice safety for indoor skating much also be checked.</p>	<p>The safely rules must be clearly explained to the students (e.g. skating in the same direction)</p> <p>If the skating is outdoors – discuss frostbite and explain how the students can recognize and treat it.</p> <p>Implement a process for identification of skating skill levels. Beginner skaters must have their own skating area for an appropriate period of time.</p> <p>Skills must be taught in the proper progression; a portion of the ice time must be devoted to instruction; activities must be appropriate to the skill level of students; and games must be based on the skills taught.</p> <p>Aggressive tag type games, racing and “crack the whip” must be avoided.</p> <p>Stress skating technique – not speed – in all games, challenges, and drills.</p>	<p>Constant visual supervision is required.</p> <p>Prepare an emergency action plan for this activity.</p> <p>There must be a designated supervisor (teacher, parent, or responsible adult) available with a vehicle to accompany any injured student to the hospital. This must not be the “in charge” supervisor.</p> <p>Teacher or Principal has the right to insist that all students wear helmets.</p>